BE ACTIVE 2012
OCT 31 – NOV 3 2012 SYDNEY CONVENTION & EXHIBITION CENTRE

PRE AND POST CONFERENCE SATELLITE MEETINGS AND WORKSHOPS

ICPAH satellite meeting on Sedentary behaviour
Wednesday 31 October 0900 - 1215, Sydney Convention and Exhibition Centre
This seminar will present the latest on sedentary behaviour and its detrimental effects on health. Invited experts in the field will give presentations on the epidemiology, surveillance and measurement of sedentary behaviour as well as on the progress being made with interventions specifically targeting sedentary behaviour. After the presentations, there will be room for discussion with the presenters in the form of an expert panel.

ICPAH satellite meeting on Integrating active transportation and health into transportation planning
Wednesday 31 October 0900 - 1230, Sydney Convention and Exhibition Centre
Walking and cycling as transport modes offer positive health, environmental and economic outcomes however these interdisciplinary co-benefits are typically underestimated in conventional transport planning appraisals. This seminar will provide an overview of the benefits and hidden health costs of conventional transport planning decisions and describe current international practices regarding the quantification of the health benefits of active travel. The seminar will conclude with a panel discussion to explore the role of political leadership, inter and intra governmental partnerships and cross-sectoral collaboration to ensure the inclusion of health as a required component of transportation planning and investment decisions.

ICPAH satellite meeting on understanding and measuring sedentary behaviour and physical activity in workplaces, and on promoting worksite physical activity
Monday 5 November 0900 – 1600, School of Human Movement Studies, University of Queensland, St Lucia campus, Brisbane, Australia
This satellite meeting will focus on the importance of understanding and accurately measuring physical activity and sitting time in working adults, in order to develop interventions for more activity and better health at work. Invited experts will present on a range of issues relating to measuring and understanding patterns of movement in different occupational groups, and on progress being made with intervention to that aim to reduce inactivity and sedentariness at work. This will be an interactive meeting with opportunities for discussion and debate and hands on development of intervention ideas.

Registration fee of $100 per satellite meeting includes morning tea and lunch.

Sports Medicine Emergency Care Course
Wednesday 31 October 0800 - 1300 and Thursday 1 November 0815 - 0915, Sydney Convention and Exhibition Centre
This fully comprehensive short course for the on-field Emergency Care of the seriously injured or ill athlete has been developed and accredited by Sports Doctors Australia. The course is also recognised and accredited by RACGP for category 1 DL & CPD points and rural GPs who are registered in the emergency component of the Rural Procedural Grants program can access this grant for attending this course.

Registration fee $200 includes morning tea and lunch on Wednesday.

All seminars and workshops have limited capacity, so pre-registration is required.

MEMBERSHIP

Sports Medicine Australia
Join SMA now to be eligible for one of the ASMF Fellows awards. ACSMS and NSIPC Conference awards are only available to SMA members. For more information on SMA membership, visit sma.org.au. Joining fee of $40 for full professional membership waived for conference delegates.

NB you can apply for SMA membership through the registration process

International Society for Physical Activity and Health
Please note there are also ICPAPH Conference awards, which are only available to ISPAH members. For more information on ISPAH membership or to join visit www.ispah.org

NB you have to apply for ISPAH membership directly through ISPAH and then provide your customer number issued to you from ISPAH when registering
REGISTRATION FORM

Contact Details

Title.................................. First Name.................................................. Last Name................................................................. DOB.................................. Gender M / F

Profession/Position .......................................................... SMA or ISPAH Membership No ...........................................

Organisation .......................................................... Email ........................................................................................................

Postal Address ...................................................................................................................................................

Suburb .......................................................... State .......................... Post Code .......................... Country............................................................

Phone .......................................................... Fax .......................................................... Mobile ..........................................................

Special Requirements - Dietary, Physical etc ..........................................................

Registration Fees

Conference Registration

**be active 2012** includes

☐ 4th International Congress on Physical Activity and Public Health (31 Oct-3 Nov)
☐ Australian Conference of Science and Medicine in Sport (31 Oct-3 Nov)
☐ National Sports Injury Prevention Conference (31 Oct-3 Nov)

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<tr>
<th>Category</th>
<th>Early Bird Registration</th>
<th>Late Registration</th>
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<tr>
<td>SMA or ISPAH Member Registration - Full</td>
<td>$765</td>
<td>$865</td>
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<tr>
<td>SMA or ISPAH Member Registration - Student*</td>
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<td>$550</td>
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<tr>
<td>Non Member Registration - Full</td>
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<tr>
<td>Non Member Registration - Student*</td>
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<tr>
<td>Developing Countries Registration (please refer to website for list)</td>
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<tr>
<td>One Day Registration* (Please tick which day you would like to attend)</td>
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*One day registration includes entrance to the social program for the day that you are registered only.

Registered delegates receive access to all sessions being offered by the three conferences on their registered days only. Full registered delegates also receive lunch, morning and afternoon teas, tickets to the social program, entrance to the trade exhibition, a Book of Abstracts, which includes a detailed Conference Program, and a Conference satchel.

Accompanying Person Registration

☐ Accompanying Person - Daily catering only $250
☐ Accompanying Person - Daily catering and Social Program $450

The Accompanying Person - Daily catering only fee includes lunch, morning and afternoon teas for the four days of the conference. The Accompanying Person - Daily Catering and Social Program fee includes lunch, morning and afternoon teas for the four days of the conference, one ticket to the Welcome Reception, one ticket to the Poster Session, and one ticket to the Conference Dinner. Accompanying persons are not entitled to admission to the scientific program.

Social Program

Costs are included in the registration fee unless otherwise noted above. For catering purposes please Tick ☐ if attending.

<table>
<thead>
<tr>
<th>Event</th>
<th>Delegate Ticket</th>
<th>Additional Ticket</th>
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<tr>
<td>ASMF Fellows Dinner (Thurs 1 Nov) (open only to ASMF Fellows)</td>
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<td>Conference Dinner (Sat 3 Nov)</td>
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Sports Medicine Australia Membership

☐ SMA Full Member - $215
☐ SMA Student Member - $55

Pre and Post Conference Satellite meetings and workshops

☐ Sedentary behaviour $100
☐ Integrating active transportation and health into transportation planning $100
☐ Understanding & measuring sedentary behaviour & physical activity in workplaces, & on promoting worksite physical activity $100
☐ Sports medicine emergency care course $200

Enclosed is my cheque, payable to ASMF LTD

Electronic transfer. Account details will be provided on your tax invoice.

I wish to pay by ☐ MasterCard ☐ Visa

Card # ............. / ........... / ........... / ...........
Expire Date ....... / .......
CCV # ..............

Cardholder’s Name ..........................................................................................................................

Cardholder’s Signature ..........................................................................................................................

Please forward this completed form to:
ACMS Conference Secretariat
C/- Sports Medicine Australia
PO BOX 78, Mitchell ACT 2911
P: +61 2 6230 6671 F: +61 2 6230 6676
E: acsms@sma.org.au

Enclosed is my cheque, payable to ASMF LTD

Electronic transfer. Account details will be provided on your tax invoice.

I wish to pay by ☐ MasterCard ☐ Visa

Card # ............. / ........... / ........... / ...........
Expire Date ....... / .......
CCV # ..............

Cardholder’s Name ..........................................................................................................................

Cardholder’s Signature ..........................................................................................................................

Please tick if you do NOT wish your contact details to be made available to Conference Trade Exhibitors.

Photographs will be taken during the course of the conference for use in SMA publications and communications. If you do not wish for your photograph to be included as part of these publications or communications please tick the box.