Get your Medical Career off to a healthy start

Choose the Bachelor of Exercise and Nutrition Sciences a pathway to Medicine

The Bachelor of Exercise and Nutrition Sciences (BENS) is a pathway into UQ’s medical program. Foundational studies in preventive healthcare through exercise and nutrition sciences, and courses in anatomy, biochemistry and physiology, will stand you in good stead for your medical degree and your future career in medicine.

This dynamic program combined with a Doctor of Medicine (MD) will give you a competitive edge in your medical career and help you develop into a highly-skilled medical graduate who can meet today’s global health challenges.

For more details visit: www.hmns.uq.edu.au/bens/md

Why choose Exercise and Nutrition Sciences as your pathway to Medicine?

• Graduate ahead of the pack with a solid understanding of exercise and nutrition for preventative health and maintenance of good health. Enter the workforce with the skills and knowledge increasingly desired by the health industry.

• Make a real difference. Use your knowledge of exercise and nutrition sciences, together with your medical training to help tackle the global epidemic of chronic disease.

• Human Movement and Nutrition Sciences School Advantage. Learn from world-class teachers and researchers in state-of-the-art learning facilities.

“The Bachelor of Exercise and Nutrition Sciences is an excellent pre-medicine degree as it provides in-depth knowledge into preventive healthcare through exercise and nutrition which gives students a solid foundation on which to build their medical career.”

Professor Darrell Crawford, UQ Dean of Medicine
Bachelor of Exercise and Nutrition Sciences + MD Program - Provisional Entry Pathway

The provisional entry pathway is only available to Year 12 school leavers and requires students to graduate from an undergraduate degree at UQ, such as the Bachelor of Exercise and Nutrition Sciences (BENS), prior to entering the MD program.

The advantage of this pathway is that students are guaranteed a place in the MD program so long as they: (a) maintain the minimum grade point average requirement over the duration of their first degree and (b) complete their first degree within the minimum time specified for completion as a full-time student (e.g. 3-years for BENS).

Selection criteria for Provisional Entry:
- Queensland OP 1 (or equivalent rank 99)
- Undergraduate Medical Admissions Test (UMAT)

Selection criteria for MD Graduate Entry:
- Bachelor Degree (such as the Bachelor of Exercise and Nutrition Sciences)
- Graduate Medical School Admissions Test (GAMSAT)

Bachelor of Exercise and Nutrition Sciences + MD Program - Graduate Entry Pathway

Those who aren’t eligible or don’t receive the results required to obtain a place in the MD Provisional Entry for School Leavers can undertake the Bachelor of Exercise and Nutrition Sciences then apply for Graduate Entry to the MD program.

Selection criteria for Bachelor of Exercise and Nutrition Sciences:
- Queensland OP 8 (or equivalent rank 84) in 2015
- English (4,SA); one of Biological Science, Chemistry or Physics (4,SA)

Selection criteria for MD Graduate Entry:
- Bachelor Degree (such as the Bachelor of Exercise and Nutrition Sciences)
- Graduate Medical School Admissions Test (GAMSAT)

An example of some courses you will study in the Bachelor of Exercise and Nutrition Sciences prior to studying medicine:
- Cells to Organisms
- Biophysical Foundations of Human Movement
- Health & Fitness through Diet & Exercise
- Physiology
- Physical Activity and Health
- Biomechanics
- Nutrition Science
- Exercise Physiology
- Biochemistry and Molecular Biology
- Motor Control
- Human Musculoskeletal Anatomy
- Biochemistry of Metabolism in Health & Disease
- Health Promotion: Perspectives and Practice
- Understanding Population Nutrition

“I chose the Bachelor of Exercise and Nutrition Sciences because both exercise and nutrition are something that I have a keen interest in and I felt that it was a practical pre-medicine degree which I would really enjoy.”

Concetta Masterson