WE AIM TO PROVIDE
AFFORDABLE, EXPERT
NUTRITION AND DIETETICS
SERVICES IN COLLABORATION
WITH OTHER HEALTH
CARE PROVIDERS

LOCATION

USQ Ipswich Campus
Building H, Level 1, 11 Salisbury Road,
Ipswich, QLD, 4035.

UQ Ipswich Nutrition and Dietetics Practice is
easily accessible by all modes of transport.
Parking, including disability parks, can be
found right outside Exact Radiology in UQ
Health Care parking (designated spots in in
carpark 2). Taxi ranks are adjacent to the bus
stop on The Crescent;
and there are local bus services to the clinic.

For information on public transport services
please contact transinfo on 13 12 30, visit
www.transinfo.qld.gov.au

TO MAKE AN
APPOINTMENT

T: 07 3381 1581
E: uqdietitianclinic@uq.edu.au

For more information
E: uqdietitianclinic@uq.edu.au
F: 07 3381 1587
Visit: www.hmns.uq.edu.au/nutrition-
and-dietetics-practice

HOURS OF OPERATION
Tuesday | 9:00am to 4:30pm
Wednesday | 9:00am to 4:30pm

CONSULTATIONS

During your initial consultation you will be
asked to provide personal information to allow
for accurate assessment of your health
needs. Any information you disclose will be
kept between you, the dietitians and if
applicable your doctor.

REFERRALS

A referral is not necessary although it may
help your dietitian better understand your
dietary needs and health background.
Referrals may also be required to be eligible
for certain rebates.
UQ Ipswich Nutrition and Dietetics Practice offers a full range of professional and affordable nutrition and dietetics services to the general public as well as students and staff at UQ.

The practice aims to deliver a patient-centred service with a commitment to helping our clients meet their individual needs and personal goals. Our dietitians take into account each client's medical and personal circumstances to recommend the most appropriate and realistic treatment plan.

Services are delivered by postgraduate dietetics students studying at the UQ School of Human Movement and Nutrition Sciences under direct supervision of a fully qualified Accredited Practising Dietitian (APD).

**OUR SERVICES**

As a client of our practice you will receive a comprehensive and personalised diet and lifestyle assessment as well as your own personalised nutrition program.

You may also receive personalised:

- eating and menu plans
- practical advice for healthy eating and food preparation
- advice on choosing the right foods when shopping and eating out
- educational resources and information regarding your condition and diet
- support to help you achieve your goals
- shopping tours
- cooking demonstrations

Expert dietary advice for the management of:

- Diabetes
- Heart disease
- Gastrointestinal disorders
- Cancer
- Obesity
- Food allergy and intolerance
- Pregnancy and lactation
- Healthy eating for the whole family
- Malnutrition
- Irritable Bowel Syndrome

**THE UQ IPSWICH NUTRITION AND DIETETICS PRACTICE PROVIDES EXPERT DIETARY ADVICE FOR THE MANAGEMENT AND TREATMENT OF A RANGE OF CONDITIONS INCLUDING DIABETES, HEART DISEASE, CANCER AND OBESITY.**

**OUR FEES**

You may be eligible for rebates from Medicare, private health insurers or the Department of Veterans Affairs (DVA) depending on circumstances, with no out of pocket expenses.

If you are ineligible for Allied Health funding under Medicare, or do not have private cover a charge of $12.00 per consultation will apply. Please contact 07 3381 1581 for further information.