CONSULTATIONS

During your initial consultation you will be asked to provide personal information to allow for accurate assessment of your health needs. Any information you disclose will be kept between you, the dietitians and if applicable your doctor.

REFERRALS

A referral is not necessary although it may help your diettian better understand your dietary needs and health background. Referrals may also be required to be eligible for certain rebates.
UQ ANNERLEY NUTRITION AND DIETETICS PRACTICE

UQ Health Care Annerley Nutrition and Dietetics Practice offers a full range of professional and affordable nutrition and dietetics services to the general public as well as students and staff at UQ.

The practice aims to deliver a patient-centred service with a commitment to helping our clients meet their individual needs and personal goals. Our dietitians take into account each client’s medical and personal circumstances to recommend the most appropriate and realistic treatment plan.

Services are delivered by postgraduate dietetics students studying at the UQ School of Human Movement and Nutrition Sciences under direct supervision of a fully qualified Accredited Practising Dietitian (APD).

OUR SERVICES
As a client of our practice you will receive a comprehensive and personalised diet and lifestyle assessment as well as your own personalised nutrition program.

You may also receive personalised:
- eating and menu plans
- practical advice for healthy eating and food preparation
- advice on choosing the right foods when shopping and eating out
- educational resources and information regarding your condition and diet
- support to help you achieve your goals
- shopping tours
- cooking demonstrations

Expert dietary advice for the management of:
- Diabetes
- Heart disease
- Gastrointestinal disorders
- Cancer
- Obesity
- Food allergy and intolerance
- Pregnancy and lactation
- Healthy eating for the whole family
- Malnutrition
- Irritable Bowel Syndrome

THE UQ HEALTH CARE ANNERLEY NUTRITION AND DIETETICS CLINIC PROVIDES EXPERT DIETARY ADVICE FOR THE MANAGEMENT AND TREATMENT OF A RANGE OF CONDITIONS INCLUDING DIABETES, HEART DISEASE, CANCER, AND OBESITY.

OUR FEES
You may be eligible for rebates from Medicare, private health insurers or the Department of Veterans Affairs (DVA) depending on circumstances, with no out of pocket expenses.

If you are ineligible for Allied Health funding under Medicare, or do not have private cover a charge of $12.00 per consultation will apply. Please contact 07 3381 1581 for further information.