How to use the Bachelor of Exercise and Nutrition Sciences to start your career in Medicine

Select your path

1. Year 12 School Leaver with OP1 + UMAT
   MD Provisional Entry
   Bachelor of Exercise and Nutrition Sciences - 3 years (min GPA 5.0)
   Doctor of Medicine (MD)

2. Year 12 School Leaver or non-school leaver
   MD Graduate Entry
   Bachelor of Exercise and Nutrition Sciences - 3 years + GAMSAT
   Doctor of Medicine (MD) Entry for Graduates

Career in Medicine

1. Bachelor of Exercise and Nutrition Sciences + MD Program - Provisional Entry Pathway

   The provisional entry pathway is only available to Year 12 school leavers and requires students to graduate from an undergraduate degree at UQ, such as the Bachelor of Exercise and Nutrition Sciences (BENS), prior to entering the MD program.

   The advantage of this pathway is that students are guaranteed a place in the MD program so long as they: (a) maintain the minimum grade point average requirement over the duration of their first degree and (b) complete their first degree within the minimum time specified for completion as a full-time student (e.g. 3-years for BENS).

   Selection criteria for Provisional Entry:
   Entry is only available to students in their final year of secondary school.
   • Queensland OP1 (or equivalent Rank 99)
   • Undergraduate Medical Admissions Test (UMAT)

2. Bachelor of Exercise and Nutrition Sciences + MD Program - Graduate Entry Pathway

   Those who aren’t eligible or don’t receive the results required to obtain a place in the MD Provisional Entry for School Leavers can undertake the Bachelor of Exercise and Nutrition Sciences then apply for Graduate Entry to the MD program.

   Selection criteria for Bachelor of Exercise and Nutrition Sciences
   • Queensland OP 8 (or equivalent rank 84) in 2015
   • English (4,SA); one of Biological Science, Chemistry or Physics (4,SA)

   Selection criteria for MD Graduate Entry
   • Bachelor Degree (such as the Bachelor of Exercise and Nutrition Sciences)
   • Graduate Medical School Admissions Test (GAMSAT)

An example of some courses you will study in the Bachelor of Exercise and Nutrition Sciences prior to studying medicine:

Cells to Organisms
Biophysical Foundations of Human Movement
Health & Fitness through Diet & Exercise
Physiology
Physical Activity and Health
Biomechanics
Nutrition Science

Exercise Physiology
Biochemistry and Molecular Biology
Motor Control
Human Musculoskeletal Anatomy
Biochemistry of Metabolism in Health & Disease
Health Promotion: Perspectives and Practice
Understanding Population Nutrition

“I chose the Bachelor of Exercise and Nutrition Sciences because both exercise and nutrition are something that I have a keen interest in and I felt that it was a practical pre-medicine degree which I would really enjoy.”

Concetta Masterson

Further Information
The entry requirements and application processes are outlined in much more detail at www.hmns.uq.edu.au/bens/md

Contact us Phone 07 3365 6240 Email hmns@uq.edu.au