Studying nutrition or dietetics at UQ will prepare you to make a difference in health through promoting well-being and reducing the burden of diet-related disease.

A Bachelor of Exercise and Nutrition Sciences or a Bachelor of Health Sciences (Nutrition) opens up a diverse range of careers in nutrition such as community nutritionist or public health nutritionist.

If you are interested in a career in dietetics, both these undergraduate study options are preferred pathways into the postgraduate Master of Dietetics Studies program which qualifies you to work as an Accredited Practicing Dietitian in areas such as public health, community services, food service, consulting, hospitals, sports or private practice.

The flexibility of the Bachelor of Exercise & Nutrition Sciences and Bachelor of Health Sciences (Nutrition) will allow you to tailor your study plan to meet the recommended pre-requisites for dietetics, while also studying other areas of interest.

Why study Dietetics and Nutrition at UQ?

- Two distinct undergraduate programs allowing you to choose a pathway which follows your interests and career aspirations
- Graduate with a competitive edge with both an undergraduate and postgraduate qualification
- Extensive practical and hands-on experience which will ensure you graduate job ready
- Revolutionary program content giving you access to the latest developments, research and practices in dietetics and nutrition
- Highly experienced, award winning teaching staff with industry associations
- Postgraduate degree is accredited by the Dietitians Association of Australia (DAA)
- Pathway to careers in nutrition and dietetics, such as community or public health nutritionist, sports or food industry dietitian and private practice dietitian.

For more information visit: www.health.uq.edu.au/study/nutrition
Your options to a career in Dietetics and Nutrition

**Provisional entry**

Bachelor of Exercise and Nutrition Sciences

- **Bachelor of Exercise and Nutrition Sciences Master of Dietetics Studies**
- **QTAC Code:** 729602
- **Duration:** 3 years + 1.5 years

Graduate entry

Bachelor of Exercise and Nutrition Sciences

- **Bachelor of Exercise and Nutrition Sciences Master of Dietetics Studies**
- **QTAC Code:** 729702
- **CRICOS:** 073759D
- **Duration:** 3 years *

Duration:

- 3 years *
- + 1.5 years

Complete undergraduate degree

Apply for Master of Dietetics Studies

**Other approved UQ undergraduate degree**

Master of Dietetics Studies

- **CRICOS:** 065374K
- **Duration:** 1.5 years

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**Nutrition | Exercise**

Bachelor of Exercise and Nutrition Sciences

- **UQ St Lucia**

**Entry Requirements:**

- English, plus one of Biology, Chemistry, or Physics.

**Program Outline:**

The Bachelor of Exercise and Nutrition Sciences recognises the strong link between exercise and nutrition and their role in the prevention and treatment of preventable illnesses, chronic disease, cancer and obesity. It examines how the body acquires and uses food and nutrients, and the relationship between nutrition and human performance. It integrates key areas of exercise and nutrition sciences and includes studies in exercise nutrition, food science, food and society, nutrition and disease.

**Sample Courses:**

- Exercise Nutrition
- Biomechanics
- Exercise Physiology
- Nutrition Science
- Health Promotion Strategies

**For more information contact:**

- School of Human Movement and Nutrition Sciences
- **Phone:** +61 7 3365 6240
- **Email:** hmns@uq.edu.au

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**Nutrition | Public Health**

Bachelor of Health Sciences (Nutrition)

- **UQ St Lucia and Herston**

**Entry Requirements:**

- English and strongly recommended one of Biology, Chemistry or Physics.

**Program Outline:**

The Bachelor of Health Sciences with a major in Nutrition recognises human nutrition as a global term that concerns the way foods and nutrients are acquired and used. It includes studies in biomedical science, biochemistry, nutrition, behavioural sciences, public health and food sciences. The Bachelor of Health Sciences also includes an industry placement program where students gain hands-on experience.

**Sample Courses:**

- Understanding Population Nutrition
- Nutrition Science
- Understanding Health Behaviours
- Food Science

**For more information contact:**

- School of Public Health
- **Phone:** +61 7 3365 5345
- **Email:** enquiries@sph.uq.edu.au

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**Dietetics**

Master of Dietetics Studies

- **UQ St Lucia, Hospitals & Health Facilities**

**Provisional entry:** Students with a provisional entry offer must complete the undergraduate degree in the minimum time permitted and gain an annual GPA of 5.0 or better to maintain their place in the Master of Dietetics Studies.

**Graduate Entry:** Applicants must have an approved degree and have completed minimum studies in biochemistry, physiology, public health, nutrition science, food science, behavioural science and chemistry to meet the national standards accreditation requirements for dietetics.

**Program Outline:**

Accredited by the Dietitians Association of Australia (DAA) and prepares students to become a full member of the DAA, and join the Accredited Practising Dietitian (APD) Program.

**Sample Courses:**

- Medical Nutrition Therapy
- Food and Nutrition Service Management
- Evidence Based Practice in Dietetics
- Interviewing and Counselling for Dietetics Practice

**For more information contact:**

- School of Human Movement and Nutrition Sciences
- **Phone:** +61 7 3365 6240
- **Email:** hmns@uq.edu.au

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*Based on full-time study. Undergraduate component may be completed part-time, however the masters component must be completed on a full-time basis.